



Menu

Wk-1

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	03/16/26	03/17/26	03/18/26	03/19/26	03/20/26

Breakfast

Grain	Cheerios bowl, WG 1 oz eq	French Toast, WG 1 oz eq	Cornflakes bowl	Biscuits, WG 1 oz eq	Waffles
Fruit/Vegetable	Diced Pears (C)	Fruit Cocktail (A)	Bananas (C,f)	Apples (C,f)	Oranges (C,f)
Toddler Substitution				Applesauce	Mandarin Oranges (C,f)
Milk	Milk	Milk	Milk	Milk	Milk

Morning Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Animal Crackers	Cucumbers	Raisin Bread	String Cheese	Graham Crackers
Toddler Substitution	Mandarin Oranges (C,f)	Hummus	Pineapple Bits (C)	Pita Bread, Whole Wheat	Bananas (C,f)
		Cucumbers (peeled for Toddlers)			

Lunch

<u>Entrée</u>	<u>Tyrannosaurus Chili</u>	<u>Chicken Rice & Cheese Casserole</u>	<u>Sante Fe Burritos</u>	<u>Tator Tot Casserole</u>	<u>Brontosaurus Bologna & Cheese</u>
Meat/Protein	Ground Beef (I) (CN)	Chicken, Diced Cheese, Sliced American	Refried Beans (f) Cheese, Shredded Cheddar	Ground Beef (I) (CN) Cheese, Shredded Cheddar	Turkey Bologna Cheese, Sliced American
Vegetable	Pinto Beans (f)	Cucumbers	Corn	Tator Tots	Celery Sticks
Toddler Substitution		Cucumbers (peeled for Toddlers)			Green Beans (C)
Fruit	Diced Peaches (A&C)	Oranges (C,f)	Fruit Cocktail (A)	Diced Pears (C)	Apples (C,f)
Toddler Substitution		Mandarin Oranges (C,f)			Applesauce
Grain	Saltines	Brown Rice WG	Whole Wheat Tortillas, 1 oz eq	Whole Grain Bread	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk

Afternoon Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Dinner Roll WG	Bananas (C,f)	Goldfish Crackers WG	Cheese, Sliced American	Bagelettes
Toddler Substitution	Grape Juice ctn 4oz	Animal Crackers	Diced Peaches (A&C)	Flour Tortillas 6"	Fruit Cocktail (A)

Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice.

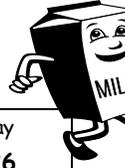
"5-A-Day For Better Health Plan" - 5 servings of fruits and vegetables, including: ^(A) one vitamin A, ^(C) one vitamin C, and ^(f) one high-fiber fruit or vegetable. ^(I) Foods with Iron served at least once each week.

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Menu



Wk-2

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	03/23/26	03/24/26	03/25/26	03/26/26	03/27/26

Breakfast

Grain	Rice Crispie bowl	Bagelettes	Cheerios bowl, WG 1 oz eq	English Muffins, WG 1 oz eq	Pancakes, WG 1 oz eq
Fruit/Vegetable	Pineapple Bits (C)	Oranges (C,f) Mandarin Oranges (C,f)	Bananas (C,f)	Diced Pears (C)	Applesauce
Milk	Milk	Milk	Milk	Milk	Milk

Morning Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Diced Pears (C) Raisin Bread	Animal Crackers Apple Juice ctn 4oz	Dinner Roll WG Diced Peaches (A&C)	Saltines Cheese, Sliced American	Eggs, hardboiled Fruit Cocktail (A)
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Lunch

<u>Entrée</u>	<u>Ground Turkey</u>	<u>Monster Meatball</u>	<u>Cheesy Mac &</u>	<u>Juassic Joes</u>	<u>Classic Ham and</u>
	<u>Tacos</u>	<u>Sub</u>	<u>Ham</u>		<u>Cheese Sandwich</u>
Meat/Protein	Ground Turkey Cheese, Shredded Cheddar	Ground Beef Meatballs (CN)	Turkey Ham (non-pork) Diced Cheese, Shredded Cheddar	Ground Beef (I) (CN)	Turkey Ham (non-pork) Cheese, Sliced American
Vegetable	Corn	Carrot, Baby	Cucumbers	Green Beans (C)	Celery Sticks
Toddler Substitution		Carrots (A,f)	Cucumbers (peeled for Toddlers)		Green Beans (C)
Fruit	Apples (C,f)	Fruit Cocktail (A)	Oranges (C,f)	Diced Peaches (A&C)	Bananas (C,f)
Toddler Substitution	Applesauce		Mandarin Oranges (C,f)		
Grain	Whole Wheat Tortillas, 1 oz eq	Hot Dog Buns WG, 2 oz eq	Macaroni	Hamburger Buns WG, 2 oz eq	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk

Afternoon Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Bean Dip Pita Bread, Whole Wheat	Graham Crackers Pineapple Bits (C)	Biscuits Grape Juice ctn 4oz	Flour Tortillas 6" Turkey Bologna, Sliced	Ritz Crackers Oranges (C,f) Mandarin Oranges (C,f)
Toddler Substitution					

Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice.

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Menu

Wk-3

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	03/30/26	03/31/26	04/01/26	04/02/26	04/03/26

Breakfast

Grain	Cheerios bowl, WG 1 oz eq	Corn Muffins, WG	Rice Crispie bowl	Waffles	Raisin Bread
Fruit/Vegetable	Oranges (C,f)	Fruit Cocktail (A)	Bananas (C,f)	Diced Pears (C)	Apples (C,f)
Toddler Substitution	Mandarin Oranges (C,f)				Applesauce
Milk	Milk	Milk	Milk	Milk	Milk

Morning Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Vanilla Yogurt	Graham Crackers	Dinner Roll WG	Eggs, hardboiled	Muffin, Banana WG 1 oz eq
Toddler Substitution	Fruit Cocktail (A)	Apples (C,f)	Pineapple Bits (C)	Oranges (C,f)	Grape Juice ctn 4oz
		Applesauce		Mandarin Oranges (C,f)	

Lunch

<u>Entrée</u>	<u>Green Chile</u>	<u>Mama Mia</u>	<u>Crispy Chicken</u>	<u>BBQ Chicken & Rice</u>	<u>Turkey Sandwich</u>
Meat/Protein	Chicken Burritos Chicken, Diced Cheese, Shredded Cheddar	Spaghetti Ground Beef (I) (CN)	Sandwich Chicken Patties (CN)	Chicken, Diced	Turkey Breast Cheese, Sliced American
Vegetable	Corn	Cucumbers Cucumbers (peeled for Toddlers)	Peas & Carrots (A,f)	Celery Sticks Green Beans (C)	Carrot, Baby Carrots (A,f)
Toddler Substitution				Diced Peaches (A&C)	Bananas (C,f)
Fruit	Apples (C,f)	Diced Pears (C)	Oranges (C,f)		
Toddler Substitution	Applesauce		Mandarin Oranges (C,f)		
Grain	Whole Wheat Tortillas, 1 oz eq	Spaghetti Noodles	Hamburger Buns WG, 2 oz eq	Brown Rice WG	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk

Afternoon Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Bagelettes	Cheese, Sliced American	Goldfish Crackers WG	Hummus	Animal Crackers
Toddler Substitution	Fruit Cocktail (A)	Whole Wheat Tortillas, 1 oz eq	Diced Peaches (A&C)	Carrot, Baby	Oranges (C,f)
				Carrots (A,f)	Mandarin Oranges (C,f)

Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice.

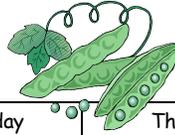
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Menu



Wk-4

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	04/06/26	04/07/26	04/08/26	04/09/26	04/10/26

Breakfast

Grain	Cornflakes bowl	English Muffins, WG 1 oz eq	Cheerios bowl, WG 1 oz eq	French Toast, WG 1 oz eq	Bagelettes
Fruit/Vegetable	Apples (C,f)	Fruit Cocktail (A)	Bananas (C,f)	Diced Peaches (A&C)	Oranges (C,f)
Toddler Substitution	Applesauce				Mandarin Oranges (C,f)
Milk	Milk	Milk	Milk	Milk	Milk

Morning Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Dinner Roll WG	Graham Crackers	Raisin Bread	Muffin, Blueberry WG 1 oz eq	Eggs, hardboiled
Toddler Substitution	Grape Juice ctn 4oz	Carrot Sticks (A,f)	Diced Peaches (A&C)	Pineapple Bits (C)	Ritz Crackers
		Carrots (A,f)			

Lunch

Entrée	<u>Beef Tacos</u>	<u>Cheeseburger Casserole</u>	<u>Ham & Scalloped Potato Casserole</u>	<u>Grilled Hamburgers</u>	<u>Torpedo Sandwich</u>
Meat/Protein	Ground Beef (I) (CN) Cheese, Shredded Cheddar	Ground Beef (I) (CN) Cheese, Shredded Cheddar	Turkey Ham (non-pork) Diced Parmesan Cheese	Ground Beef Patties (CN)	Turkey Breast Turkey Ham (non-pork)
Vegetable	Pinto Beans (f)	Cucumbers	Potato, Sliced	Corn	Carrot, Baby
Toddler Substitution		Cucumbers (peeled for Toddlers)			Carrots (A,f)
Fruit	Diced Pears (C)	Oranges (C,f)	Apples (C,f)	Fruit Cocktail (A)	Bananas (C,f)
Toddler Substitution		Mandarin Oranges (C,f)	Applesauce		
Grain	Whole Wheat Tortillas, 1 oz eq	Macaroni	Dinner Roll WG	Hamburger Buns WG, 2 oz eq	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk

Afternoon Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Raisin Bread	Bagel, WG 2 oz eq	Saltines	Goldfish Crackers WG	Graham Crackers
Toddler Substitution	Pineapple Bits (C)	Diced Peaches (A&C)	Turkey Bologna, Sliced	Apples (C,f)	Diced Pears (C)
				Applesauce	

Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice.

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Menu

Wk-5

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	04/13/26	04/14/26	04/15/26	04/16/26	04/17/26

Breakfast

Grain	Rice Crispie bowl	Pancakes, WG 1 oz eq	Cheerios bowl, WG 1 oz eq	Raisin Bread	Muffin, Banana WG 1 oz eq
Fruit/Vegetable	Diced Peaches (A&C)	Apples (C,f)	Pineapple Bits (C)	Oranges (C,f)	Bananas (C,f)
Toddler Substitution		Applesauce		Mandarin Oranges (C,f)	
Milk	Milk	Milk	Milk	Milk	Milk

Morning Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Dinner Roll WG	Animal Crackers	Bagelettes	Goldfish Crackers WG	Muffin, Apple Cinnamon WG 1 oz eq
Toddler Substitution	Fruit Cocktail (A)	Bananas (C,f)	Cheese, Sliced American	Pineapple Bits (C)	Oranges (C,f)
					Mandarin Oranges (C,f)

Lunch

Entrée	<u>Mexican Turkey</u>	<u>Italian Meatballs</u>	<u>BBQ Chicken</u>	<u>Spanish Rice W</u>	<u>Ham Sandwiches</u>
Meat/Protein	<u>Hash</u> Ground Turkey Cheese, Shredded Cheddar	<u>w Penne</u> Ground Beef Meatballs (CN)	<u>Sandwich</u> Chicken, Diced	<u>Beef</u> Ground Beef (I) (CN)	Turkey Ham (non-pork)
Vegetable	Potato, Diced Frzn	Celery Sticks	Green Beans (C)	Cucumbers	Carrot, Baby
Toddler Substitution		Green Beans (C)		Cucumbers (peeled for Toddlers)	Carrots (A,f)
Fruit	Diced Pears (C)	Oranges (C,f)	Diced Peaches (A&C)	Fruit Cocktail (A)	Apples (C,f)
Toddler Substitution		Mandarin Oranges (C,f)			Applesauce
Grain	Whole Wheat Tortillas, 1 oz eq	Penne Pasta	Hamburger Buns WG, 2 oz eq	Brown Rice WG	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk

Afternoon Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Animal Crackers	Cheese, Sliced American	Dinner Roll WG	Ritz Crackers	Raisin Bread
Toddler Substitution	Grape Juice ctn 4oz	Whole Grain Bread	Fruit Cocktail (A)	Bananas (C,f)	Diced Peaches (A&C)

Fruit Cocktail includes pineapple, pears, peaches, and grapes. Mixed Vegetables include carrots, potatoes, celery, peas, green beans, corn, and lima beans. All juice is 100% pure fruit juice.

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Menu

Wk-6

Day	Monday	Tuesday	Wednesday	Thursday	Friday
Date	04/20/26	04/21/26	04/22/26	04/23/26	04/24/26

Breakfast

Grain	Muffin, Blueberry WG 1 oz eq	Biscuits, WG 1 oz eq	Eggs, hardboiled	Waffles	Rice Crispie bowl
Fruit/Vegetable	Fruit Cocktail (A)	Diced Peaches (A&C)	Bananas (C,f)	Applesauce	Oranges (C,f) Mandarin Oranges (C,f)
Toddler Substitution					
Milk	Milk	Milk	Milk	Milk	Milk

Morning Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Raisin Bread Eggs, hardboiled	Saltines Grape Juice ctn 4oz	Dinner Roll WG Applesauce	Graham Crackers Pineapple Bits (C)	Pita Bread, Whole Wheat String Cheese
Toddler Substitution					

Lunch

<u>Entrée</u>	<u>BBQ Beef on Bun</u>	<u>Chili Mac</u>	<u>Teriyaki Chicken</u>	<u>Beef and Potato Stroganoff</u>	<u>Turkey Sandwiches</u>
Meat/Protein	Ground Beef (I) (CN)	Ground Beef (I) (CN) Cheese, Shredded Cheddar	Chicken, Diced	Ground Beef (I) (CN)	Turkey Breast
Vegetable	Corn	Cucumbers Cucumbers (peeled for Toddlers)	Carrot, Baby Carrots (A,f)	Potato, Sliced	Celery Sticks Green Beans (C)
Toddler Substitution					
Fruit	Apples (C,f)	Oranges (C,f)	Pineapple Bits (C)	Fruit Cocktail (A)	Bananas (C,f)
Toddler Substitution	Applesauce	Mandarin Oranges (C,f)			
Grain	Hamburger Buns WG, 2 oz eq	Macaroni	Brown Rice WG	Whole Grain Bread	Whole Grain Sandwich Bread
Milk	Milk	Milk	Milk	Milk	Milk

Afternoon Snack

Milk, Vegetable or Fruit, Grain or Protein (water is served if Juice or Milk is not served with snack)	Dinner Roll WG Orange Juice ctn 4oz	Bagelettes Fruit Cocktail (A)	Cheese, Sliced American Ritz Crackers	Turkey Bologna, Sliced Flour Tortillas 6"	Goldfish Crackers WG Diced Pears (C)
Toddler Substitution					

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